Textbooks:

**ISBN-13:** 978-0310536611

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Course Description:

This course surveys human growth and development during adulthood. Special emphasis will be placed upon how practicing the spiritual disciplines effect counseling needs, transitions, and ethical decisions of adults at various stages of development. The course is specifically designed for “teaching faith as a life-integrating & life-transforming reality.”

Course Objectives:

Upon completion of this course the student should be able:

1. *to demonstrate basic knowledge* of transitions and stresses faced by adults at different stages of development.
2. *to evaluate* how practice of spiritual disciplines can meet ethical challenges (spiritual, psychological, and material) of adults at various stages of life.
3. *to find creative ways to apply* the practice of spiritual disciplines for helping adults anticipate transitions, maintain spiritual resources in crisis, and integrate their faith in all areas of their physical, mental, and social development.
The student is expected to be proactive in meeting all class responsibilities in a timely and professional manner.

### Assignments

<table>
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<th>Assignment</th>
<th>% of Grade</th>
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<tr>
<td>Attendance and participation</td>
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Read *Transitions Through Adult Life and Christian Formation: Integrating Theology and Human Development*. Submit a reaction **for each book**. (2-3 pages each)

### Description of a Young Adult:

Interview a young adult (age 18-30). Briefly describe physical, mental, social, and spiritual aspects of this age group. How has this person dealt with transitions experienced so far during life? (1 to 2 pages)

### Description of a Middle Adult:

This assignment is identical to the one above except interview a person between 30 and 60 years old. Briefly describe physical, mental, social, and spiritual aspects of this age group. How has this person dealt with transitions experienced so far during life? (1 to 2 pages)

### Description of an Older Adult:

Interview a person over age 60 for this report. Briefly describe physical, mental, social, and spiritual aspects of this age group. How has this person dealt with transitions experienced so far during life? (1 to 2 pages)

### Exam

20

### Transition Paper:

Choose a transition faced by adults at any stage of life and prepare a report about adults facing this transition. Present likely ethical decisions this transition may require. Suggest creative ways the spiritual disciplines can be used in ministry to adults facing this transition. (3-5 pages)
Americans With Disabilities Act (ADA): Baptist Missionary Association Theological Seminary supports the Americans with Disabilities Act (ADA). Students with physical or learning disabilities desiring additional assistance must consult with the Dean’s office prior to enrollment or as early as possible after the disability is diagnosed. Procedures for assisting students will require a physician’s written verification of the disability and probable benefit(s) of specific assistance for student learning, a student’s specific written request(s) for assistance from the seminary, and the informing of the seminary faculty. Reasonable accommodations will be given in accordance with the federal and state laws through the Dean’s Office. Contact the Dean’s Office in the main administration building in person or:

- by mail: Post Office Box 670 (1530 East Pine Street) Jacksonville, TX 75766-5407
- by phone: 800/259-5673
- by email: bmats@bmats.edu

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Bibliography


