Instructor:

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Required Textbook:


Course Description:

Theories and techniques which are necessary for pre-counseling are taught, including the role and skills essential to Christian counseling. Practical experience and evaluation techniques are introduced.

Course Objectives:

Upon completion of this course you should be able:
1. to identify major scholarly and professional writings within the field of Christian counseling.
2. to commence development of your own philosophy of and orientation toward the counseling process.
3. to demonstrate knowledge of the assumptions, concepts, therapy process, and techniques of major schools of counseling.
4. to demonstrate knowledge concerning the basic elements of the broad field of counseling.
Course Assignments:
The following assignments are to be completed prior to the week of June 20 – 24, 2011.

1. Prepare for textbook discussion and selected personal growth exercises.
   Read *How to Be a People Helper.* 20% of course grade

   Answer the following questions found in "People Helper Growth Exercises"
   beginning on page 209 in *How to Be a People Helper.*

   Chapter 1 - question 7
   Chapter 2 - question 6
   Chapter 3 - question 3
   Chapter 4 - question 3
   Chapter 5 - question 5
   Chapter 6 - question 3
   Chapter 7 - question 3
   Chapter 8 - question 4
   Chapter 9 - question 2
   Chapter 10 - question 2
   Chapter 11 - question 3
   Chapter 12 - question 2

   The following assignments will be completed during the week of June 20 – 24, 2011.

2. Attendance and Participation in Class Activities
   In-class activities may include case studies, review of guest speakers,
   video viewing, and assessments. 20%

3. Exam(s) One or more exams will be given. 20%

4. Library Resource Search
   You will conduct a search for articles related to Christian Counseling. (More details will be given in class. You may begin reading counseling-related articles from journals and magazines.) 20%
The following assignment is to be completed approximately 6 weeks after
the week of June 20 – 24, 2011.

5. Research Project 20%
Select any trend/issue which is of special interest to you in the area of Christian Counseling. Write a 5-8 page paper on the subject. Duplicate topics will be discouraged. (Consult professor for due date of this assignment.)

All assignments will be discussed in detail. A schedule of activities will be distributed with due dates indicated. The content of this syllabus is subject to revision as announced in regular class sessions.


Journals and Magazines

**Christian Counseling Today** (American Association of Christian Counselors)

**Discipleship Journal** (The Navigators)

**Leadership** (Christianity Today)

**Journal of Biblical Counseling** (Christian Counseling and Educational Foundation)

**Journal of Counseling and Development** (American Counseling Association) = secular

**Journal of Pastoral Care** (Association for Clinical Pastoral Education and others)

**Journal of Psychology and Theology** (Rosemead School of Psychology)

**Journal of Religion and Health** (Blanton–Peal Institute)

**Moody Magazine** (Moody Bible Institute)

**Psychology Today** (Sussex Publishers) = secular + popular + New Age