RE 326 INTRODUCTION TO CHRISTIAN COUNSELING
BMA Theological Seminary Syllabus - Spring 2010

Instructor:

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Required Textbook:

Collins, Gary R. How to Be a People Helper. Wheaton, Illinois:

Course Description:

Theories and techniques which are necessary for pre-counseling are taught, including the
role and skills essential to Christian counseling. Practical experience and evaluation
techniques are introduced.

Course Objectives:

Upon completion of this course you should be able:
1. to identify major scholarly and professional writings
   within the field of Christian counseling.
2. to commence development of your own philosophy
   of and orientation toward the counseling process.
3. to demonstrate knowledge of the assumptions, concepts,
   therapy process, and techniques of major schools of
   counseling.
4. to demonstrate knowledge concerning the basic elements
   of the broad field of counseling.
Course Assignments:

Attendance and participation in various class activities. 10%

Guest speaker reports, case studies, or video exercises 10%

Reading Log 10%
Each student must critique 10 relevant journal articles. Read ten articles relating to Christian Counseling. Record (1) bibliographic information, (2) a short summary, and (3) a brief personal reaction.

Exam 20%

Class Presentation 25%
Select any trend/issue which is of special interest to you in the area of Christian Counseling. Conduct an in-depth study of the subject. Prepare a 20 - 30 minute presentation of your findings for the class. Also present a brief outline of the presentation and bibliography of sources to the professor. Duplicate topics will be discouraged.

Final Exam 25%

All assignments will be discussed in detail. A schedule of activities will be distributed with due dates indicated. The content of this syllabus is subject to revision as announced in regular class sessions.
CHRISTIAN COUNSELING -- BIBLIOGRAPHY


Journals and Magazines

**Christian Counseling Today** (American Association of Christian Counselors)

**Discipleship Journal** (The Navigators) (no longer in print)

**Leadership** (Christianity Today)

**Journal of Biblical Counseling** (Christian Counseling and Educational Foundation)

**Journal of Counseling and Development** (American Counseling Association) = secular

**Journal of Pastoral Care** (Association for Clinical Pastoral Education and others)

**Journal of Psychology and Theology** (Rosemead School of Psychology)

**Journal of Religion and Health** (Blanton–Peal Institute)

**Psychology Today** (Sussex Publishers) = secular + popular + New Age